

GENTRY DENTAL

DR. GENTRY'S RECOMMENDATIONS

After years of research Dr. Gentry has put together a list of some of her favorite recommendations to help you get started on your journey to an overall healthier you!

Dental Products:

- Boka Dental Products
- RiseWell Dental Products
- Sheer White Whitening Strips
- PurO3 Ozone Products

Functional Medicine:

- Rachman Clinic: Dr. Brad Rachman

Supplements:

- StellaLife Pre and Probiotics
- Cell Salts
- Various Vitamins such as Vitamins A, D, K2 and B Complex Vitamins
- Vitamins with antioxidant properties—specifically vitamins C and E—are commonly taken for stabilizing free radicals after dental X-rays

Educational Books/Magazines:

- The Dental Diet by Steven Lin
- Natural Awakenings Charlotte
- Mercury Poisoning The Undiagnosed Epidemic by David Hammond

Educational Websites:

- The International Academy of Oral Medicine and Toxicology (IAOMT)
- International Academy of Biological Dentistry and Medicine (IABDM)
- American Academy of Dental Sleep Medicine (AADSM)

